

Pechanga Tribal TANF

Counseling Services

Individual | Couples | Family

PTTP offers professional counseling services to American Indian families, parents, teens, children and community members in a safe and confidential environment.

Therapists are available to meet with participants in-person at the Recreation Center or virtually using telehealth remote counseling services in the privacy of their own home.

Who is eligible?

- Pechanga TANF participants
- Enrolled Pechanga members living on the Pechanga Reservation and in the off-reservation areas of Orange County and Riverside County
- American Indian families, from a federally recognized tribe, members of the California Judgment Roll, or descendants who reside on the Pechanga Reservation

Parents and children can get help with...

- Grief and loss
- Depression, anxiety and/or self-esteem
- Relationships, family concerns and/or domestic violence
- Alcohol and/or drug abuse
- Sexual abuse and/or assault
- Trauma processing and/or crisis intervention

Referrals and intakes...

Referral forms are located on the Pechanga Tribal TANF website at www.pechanga-nsn.gov/tanf or picked up at the Pechanga Tribal TANF offices located in the back of the Recreation Center.

When being referred for counseling services for the first time, participants will be scheduled for a brief (45-60 minute) intake appointment with one of our licensed therapists to:

- Complete all required intake paperwork
- Be provided information about what to expect from the counseling process
- Discuss your presenting issues and concerns

If you have questions or would like to make an appointment, please contact Shonta Chaloux at:



951-770-6164



schaloux@pechanga-nsn.gov

